

علاج قسوة القلب

Cure for the harshness of the Heart

<https://youtu.be/JS1eTGHms6s>

لقسوة القلب تزيان وأدوية بها تُعالج في حزم بلا مهل

For the Harshness of the heart there are several medicines and one elixir,
That must be firmly used to treat it without delay,

فقم إذا حان وقت الفجر مُبتهلاً وادع الإله بقلب خاشع وجل

Wake up when time for the morning prayer is imminent,
And beseech Allah in a state of devotion and spiritual awareness.

ورتل الذكّر واخشع في تلاوته وفي معاني معانيه فطفت وجل

Recite the Quran and make sure your heart is present during its recitation,
And travel through the gardens of its meanings reflecting upon its marvels.

والزم رياض بيوت الله مُبتدراً قبل الأذان إلى الجنّات والظلل

Visit often the Houses of Allah, rushing,
Before adhan is due, to be under the shades of their gardens.

واذكر ذنوبك واعدها وتب عجلًا وابتك التماذي بدمع صيب خصل

Remember your sins, count them and immediately repent.
And cry over your procrastination, shedding streams of tears.

وابتغ بمالٍ حلالٍ خالصٍ كفناً عساه يُعنيك بعد الموت عن خلل

And with purely halal income, buy a coffin,
That will hopefully suffice you, after death, from your suits.

وارقب مماتك يأتي في غدٍ مثلاً وادع الإله بحسن الختم في الأجل

And expect your death to occur tomorrow, for example,
And pray that Allah grant you the best end when your lifespan expires,

واذكر حياتك بعد الموت كيف ترى تمضي إذا لم تُهيئ صالح العمل

Imagine how your life after death would pass,
If you do not move to it well-prepared with good works.

وزر مقامات أهل الله في أدبٍ وقف على بابهم في ذلّة وسل

Visit the shrines of the people of Allah in the best manner,
Stand at their thresholds in a state of humility and ask for what you want.

ما حاب من يسأل المولى بجاههم فرد جمى أولياء الله بالأمل

No one who implores Allah by them will be turned away,
So, come often to the sanctuaries of the Friends of Allah with high hopes.

واقرا حكايات قوم صالحين مضموا وكيف تابوا فيها أعظم المثل

Read the stories of the past righteous people,
And how they repented, as they are great reminders.

واخضُرْ مَجَالِسَ ذِكْرِ اللَّهِ مُحْتَشِمًا وبالصَّلَاةِ عَلَى الْمُخْتَارِ فَاشْتِغَلِ
Attend the gatherings of remembrance, while feeling embarrassed of yourself,
And busy yourself with praying for the Elect ﷺ.

وَكُلُّ هَذَا بِفَضْلِ اللَّهِ مُجْتَمِعٌ فِي صُحْبَةِ إِمَامٍ مُرْشِدٍ وَوَلِي
All the above is summed up in one act,
The company of an imam, a guide; a man of Allah.

تُغْنِيكَ صُحْبَتُهُ، تُنَجِّبِكَ خِدْمَتُهُ تُخَيِّبِكَ نَظْرَتُهُ يُبْقِيكَ فِي جَدَلِ
His company suffices you, serving him saves you,
His looks revive you, and he moves you into an overwhelming state of bliss.

فَذَاكَ تَرْبِاقُ قَلْبِ غَافِلٍ بِرِضَى رَبِّ الْبَرِيَّةِ يَبْدُو غَيْرَ مُحْتَمِلِ
This is the elixir for the heart that is heedless,
And does not bother about attaining the pleasure of Lord of mankind.